

Dear Friend of Stratford,

Well Being: Disconnect to Reconnect

There is a lot being written about our teenagers mental health and we are certainly experiencing higher levels of anxiety than ever before. The Irish Times recently published an **article** about questioning children's usage of smart phones (31st March 2024).

In it there is a reference to the *Anxious Generation* and references **Jonathan Haidt's new book** of the same name. His website **anxiousgeneration.com** has a section for parent resources which you might find interesting.

As you know our Well Being theme is '**Disconnect to Reconnect**'. The National Education Psychologists Service (NEPS) has recently videographed our Well Being Team (teachers and students) about our work in this area as an example of best practice. We will share this with you when we receive it ourselves.

We are also part of a research study led by **DCU Anti Bullying Centre** which is examining the effectiveness of our phone-away boxes and parents support of our policies.

Also as part of our theme we introduced a module called **Boys to Men** for our male students and Leadership training through the **LIFT** programme. We are also looking at empathy training for students through **Narrative**.

In support of our work in this area our Parents Association (PA) will be hosting Stuart Wilson from **zestlife.ie**. Our PA will be in touch with further details. We hope as many parents as possible will support this important event.

Ms Patricia Gordon
Principal

12 April, 2024

U15 Boys Basketball team beaten by St Tiernans in a demanding Final

Major congratulations to the U15 Boys Basketball team who gave everything in a challenging Final on

Thursday 11th April against a very strong team from St Tiernans. At no point did the team ever give up! Making it to the Finals is a brilliant achievement and proved to be a great learning experience.



11 April, 2024



STEM trip to Regeneron, Co. Limerick as two TY students prepare for ISEF 2024 in Los Angeles!

TY students Joseph and Liam won the Regeneron Special Award at BTYSTE 2024 which means they will be representing Ireland at the forthcoming Regeneron International Science and Engineering Fair (ISEF) in Los Angeles in May! Regeneron invited Stratford TY's, 5th Year Computer Science students and Stratford's 7 BTYSTE 2024 students to their manufacturing site in Limerick on Tuesday 9th April.

9 April, 2024

Open Day 15 September 2024



9 April, 2024

Hot Pot Meals at Stratford College!

Reminder: new catering app for Hot Pots supplied by Deli613 commencing next week. Order yours before Thursday 1pm at Deli613. See text and Vsmail for link and details. Supplied in handy 'hot pots' the menus include vegetarian and vegan options and follow Department of Education nutrition and calorific

guidelines.

5 April, 2024

Safe Routes to Schools (SRTS) Programme for Stratford Schools - Update



We've just received news that our School Zone will be installed later this month. The contractors are starting in Harold's Cross on Monday and as soon as that's finished – we hope within a week – our installation will be next.



3 April, 2024

Congratulations!

Congratulations to Rabbi Yoni Wieder and Mrs Wieder on his appointment as Chief Rabbi of Ireland.

28 March, 2024

Stratford dresses up for Purim and World Book Day!

Stratford students and staff dressed up brilliantly for Purim and World Book Day on Thursday, 28th March. This photo shows the students who won book prizes for their outstanding interpretations of literary and multi-media characters!



28 March, 2024

Centennial Award Classical Association of Ireland

Congratulations to Hazel Goddard (2023), who will be presented with the Centennial Award for being one of four who achieved the highest marks in Classical Studies in the Leaving Certificate Examination 2023. Congratulations also to her Classical Studies teacher Ms Delia Donohoe.

26 March, 2024

Stratford celebrates Francophone Week

Stratford College had a great time celebrating Francophone week from 18th - 22nd March. In French lessons we learned about the great number of countries around the world where French is spoken, and throughout the week students created posters to celebrate these countries.



22 March, 2024

Stratford's Student Council visits The High School Student Council

On Thursday the 21st of March, Stratford's Student Council headed down to The High School to discuss various topics that affect students. After we walked down, we were greeted with a small tour of their gardens and their bee hives. We also saw their 'Bug Motel' and 'Sustainability Garden' and these inspired some future project ideas for Green Schools. After this, we were invited to their library to have a sit-down chat.

21 March, 2024

Poetry Salon 2024: Curated by The English Department

Thursday, 21st March at lunchtime in the English room and it was brimming with students reciting their own poetry at the Poetry Salon 2024! The English Department curated the body of poetry written by students. Special thanks to our Guest Adjudicator and award winning novelist, Ms. Rachel Donohue.



21 March, 2024

TY's have an amazing trip to Berlin

This month, the Fourth Years had an amazing TY trip to Berlin! On the morning of the 11th of March, we arrived at Dublin Airport at the early hour of 3 AM and embarked on a 2-hour plane ride to Berlin Airport.

18 March, 2024

U15 Girls basketball team reach semi's and U15 Boys Basketball team reach finals!

A phenomenal run by our under 15 girls saw us lose out to Na Pearsaigh in the semi-finals 34-18.

Numerous absences due to injuries before and during the game was instrumental in an unfortunate conclusion to what had been a brilliant season. Coach O'Callaghan could not have been prouder of his team and the girls were magnificent. We will go one further next year ...



8 March, 2024

Senior Students Classics Rome Trip 25th-28th February 2024

On the 25th of February, Stratford Colleges 5th and 6th year classics students left Ireland to go on an exciting and educational trip to Rome, Italy to learn about Ancient Rome.

28 February, 2024

Dublin City Student Enterprise Awards - Big wins! 1st in Junior & 2nd in Senior Categories

Two fantastic wins today, Wednesday 28th February, at the 2024 Dublin City Student Enterprise Awards!

And Stratford also received a special e-Bay award - well done Mr Brilly, Mr O'Callaghan and Co.! Congratulations to 1st Year Business students - Vihaan, Christian and Eli - who



won 1st prize in the Junior Section. Congratulations also to TY Business students - Joseph and Liam - who won 2nd prize in the Senior Section.



20 February, 2024

Congratulations to our UCD and TCD Entrance Scholars/Exhibition 2023

UCD Entrance Scholars are first year students recognised for their academic achievement who have achieved 560 points or more in their Leaving Certificate (or equivalent second level examination). TCD Entrance Exhibitions (EU Students Only) Entrance exhibitions are automatically awarded to Junior Fresh (first year) new entrants provided that sufficient merit is shown in public examination results. [Read more.](#)

12 January, 2024

Stratford wins at BTYSTE!

Huge congratulations to Liam and Joseph (TY) for their two wins at the BT Young Scientist & Technology Exhibition this evening and to Bláithnád for her Display Award!

