

## What every student should know about TY

- The Transition Year should offer students space to learn, mature and develop.
- Typically a Transition Year programme offers students a broad variety of learning experiences inside and outside the classroom.
- Throughout TY teachers are encouraged to promote activity based learning, research skills and self directed learning.
- Students are encouraged to see TY as providing opportunities to discover personal strengths and to develop their potential. Thinking in terms of multiple intelligences, linguistic, logico- mathematical, spatial, musical, bodily-kinesthetic, interpersonal, intrapersonal and naturalist- can be helpful in this regard.
- Each Transition Year programme should assist young people to connect with adult and working life through the provision of work experience and career guidance.
- While TY presents opportunities to learn without the pressure of external exams, assessment is an essential part of every TY programme. Schools are encouraged to use varied forms of assessment such as written, practical, oral, aural, portfolios or folders, project displays, exhibitions of work, personal logs, ratings scales etc.
- Each year Stratford College evaluates how well it has run the TY programme. Listening to student opinions is an important part of such evaluations.



No matter what a person's previous experience of school has been, what a student gets out of TY depends hugely on the attitude he/she takes to do it in the first place. If you are more open minded you are more likely to see and grasp the opportunities. What you get out of TY will depend very much on what you are prepared to put into it.



Education through  
experience of **ADULT  
& WORKING LIFE**  
as a basis for personal  
development & maturity

Promotion of general,  
technical and academic  
**SKILLS** with an  
emphasis on  
interdisciplinary and  
self-directed learning

Education for  
**MATURITY**  
with emphasis on  
social awareness  
& increased social  
competence



## TRANSITION YEAR PROGRAMME



### TY can give you the opportunities to

- Develop a variety of new skills
- Discover more about your own personal strengths- what you are good at
- Learn more about the working world through work experience
- Discover more about job and career opportunities
- Explore the possibilities offered by computers and technology
- Sample and discover new subjects
- Take part in outdoor pursuits
- Learn about working as part of a team
- Practice and develop oral communication skills
- Establish contacts with young people in other parts of Europe
- Learn through meeting people beyond the classroom
- Develop your own natural skills and talents
- Undertake project on topics that interest you
- Make informed choices on leaving cert subjects
- Practice meeting deadlines for assignments
- Engage in civic, social and political issues and form own opinion
- Visit Third Level colleges and workplaces
- Improve your skills of relating to people
- Become a more independent learner
- Become skilled at planning and doing homework on your own
- Develop more understanding and confidence about yourself as a person
- Develop more mature student teacher relationships
- Learn about leadership, co operating and dealing with conflict
- Become more motivated for the Leaving Certificate programme
- Add a valuable set of experiences to your CV
- Become a more mature person

### Getting Involved

#### TRIPS AND OUTINGS

Delphi/Norway/London/Museums/ Galleries

#### SPORTS

Skiing/Sailing/Yoga/Paintball/ Self defence

#### GAISCE- THE PRESIDENTS AWARD

Community involvement/ personal skill/physical recreation/ adventurous activity

#### CHARITY WORK

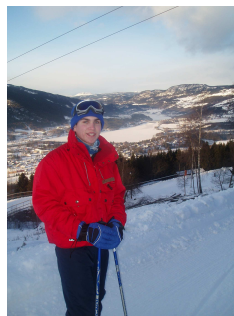
Goal/Enable/Irish Hospice/Heart Foundation/Romanian Orphanage

#### COMPETITIONS

Young Scientist/Writing competitions/YSI/Fashion Awards

#### WORKSHOPS

Public Access to Law/ Safe Driving Day/Photography/ SongSchool/Stockmotion



### The Transition Year Programme

- Transition year is a one year programme between the end of the junior certificate and the start of the leaving certificate.
- The main goal of a TY programme is to promote maturity.
- Transition Year should assist each individual develop himself or herself as a person
- Transition Year aims to help young people prepare for adult life especially through contact with workplaces and career interests
- Through a Transition Year programme students should develop study skills that will enhance their performance in the leaving certificate exams.
- There is growing evidence from Third Level institutes that students who have taken a transition year are more self reliant learners.

